

Certificate Course in Counseling Skills **"From Theory to Practice"**

Maharashtra Medical Foundation conducts a Certificate Course in Counseling Skills for psychologists and mental health workers.

Aim of the Course – To help psychology students (Graduates and Post-Graduates) and Professionals to learn and practice skills to deal with commonly encountered issues in adult counseling practice.

Eligibility -

Graduate degree in psychology is minimum requirement. Graduates and Post-Graduates of social work are also welcome.

Medical Graduates and General Practitioners can also apply.

Objectives –

1. Our trainees will learn in detail about clinical course, presentations and interventions required in common psychological problems like depression, anxiety disorders, relationship problems, personality issues, sexual dysfunction, psychological problems associated with chronic illnesses and motivational interviewing.
2. **Each trainee will get to work with individual patients in one on one sessions.**
3. All trainees will receive group supervision to accelerate learning process by shared clinical experience.
4. At the end of the course our trainees will be able to diagnose, formulate and deliver effective interventions for common psychological problems in their own clinical practice.

Duration of Course -

9 months (Flexi time)
Course starts January 2012

Teaching method -

- ✧ First two months will involve intensive teaching of 12-14 hours on each weekend with a team of experienced professionals. Teaching format will involve lectures, demonstrations, workshops and role plays.
- ✧ Preparation with designated reading material is expected from trainees.
- ✧ After that trainees will be assigned individual patients for assessment and intervention. These sessions will be conducted in OPD at Joshi Hospital.
- ✧ Group supervision sessions will be conducted on Thursday afternoon.

Group supervision will be provided on monthly basis for up to 6 months after completion of course for trainees who start their own work. This will be complementary support provided by Dr. Bhooshan Shukla to trainees free of charge.

Faculty -

Course coordinator -Dr. Bhooshan Shukla, Child and Family Psychiatrist & Psychotherapist.
Course Facilitator – Mrs. Pallavi Bapat, Counselor.

Dr. Soumitra Pathare, Consultant Psychiatrist, Ruby Hall Clinic, Pune.
Mr. Divyanshu Ganatra, Clinical Psychologist and Psychotherapist
Dr. Shirisha Sathe, Professor of Psychology, FLAME, Pune.
Dr. Sadhana Natu, Professor of Psychology, Modern College, Pune.
Mr. Bindumadhav Khire, Counselor.

Course Fees -

Rs. 25,000/- payable by cheque at the time of admission.

Application -

- ⤴ Please send your resume and contact details to drshukla@trimiticlinic.com
- ⤴ Resume should be in Open Office (.odf) or MS word (.doc / .docx) or PDF (.pdf) format
- ⤴ Dr. Shukla and Mrs. Pallavi Bapat will invite you for an informal discussion at a mutually convenient time.